

CONGRESSIONAL CUP WEEKEND 2020

MARCH 14TH & 15TH, 2020
HARFORD COMMUNITY COLLEGE
BEL AIR, MARYLAND

TOURNAMENT
45
YEARS
ANNIVERSARY

INVITATIONAL
25
YEARS
ANNIVERSARY



THE CONGRESSIONAL CUP TOURNAMENT

Saturday, March 14th 2020

Harford Community College

Doors Open 7:00am

Special Features

Alan Kramer Memorial Award

Awarded to a Senior or Adult Elite Twirl-Off Athlete

Twirl-Offs

1st place in Beginner, Intermediate, & Advanced (Open Solo Only) will re-compete in Beginner, Intermediate, and Advanced Twirl Offs.

Elite 1st - 5th place, in the open solo, will retwirl in the Juvenile, Pre-teen, Junior, & Senior Finals.

Elite Tiny Tot contestants will compete with the Juvenile Elite category.



All-Around Championship

Beginner, Intermediate, & Advanced

The Beg, Int. and Adv. (0-6 only) All-Around Championship will compete with Super X, Solo and Two Baton.

Advanced All-Around Championship

(except Adv. 0-6) will incorporate Solo, Two Baton and Rhythmic/Freestyle

- Invitees are not eligible for this event.
- All events in the All-Around will carry equal weight in the tabulation.

****NEW THIS YEAR MEN'S ALL-ROUND****

Events

Baby Best Appearing: Walk straight up & back
Best Appearing: Nov, Beg, and Adv Time Limit: 1min

Basic Strut: Baby Basic, Nov, Beg, and Adv.

Super X Strut: Nov, Beg, Int. Adv & Elite (Open Only),

Solo: Baby Solo, Nov, Beg, Int., Adv, Open, Instate, and Visitors (Elite Open Only)

Two-Baton: Nov, Beg, Int., and Adv

Three Baton - One division 0-9, 10-12, 13-15, 16+

All-Around - Beg, Int., and Adv

Duet - Nov, Beg, Int., Adv

Collegiate Solo : Adv. Only

Age Divisions

All Events: Baby 0-4. 0-6, 7-9, 10-12, 13-15, 16+

16-18 and 19+(May be added for Elite Solo & Adv 2-Baton & other categories which may need splitting.)

Awards

Open Events:

Beg, Int., Adv, and Elite: 1st Place Trophy, 2nd -5thPlace: Medallions

Nov: 1st-5th Place Ribbon.

Instate and Visitor Events:

1st Place: Rosetta Ribbon

2nd -5th Place Medallions

All-Around: Overall: 1st-3rd Place Trophies, 4th and 5th Place Medallions

Twirl Offs:

Beg, Int & Adv: Trophy for 1st Place

Elite: Trophies for 1st -5th place



THE CONGRESSIONAL CUP INVITATIONAL

Saturday, March 14th, 2020- Preliminary Round: Solo & 2-Baton

Sunday, March 15th, 2020- Preliminary Round: Freestyle and Finals Events: 8:30am



The athletes competing in this event have been deemed the best All-Around twirlers from their respective organizations. The Invitees are selected by their placements at the National Championships of the United States Twirling Association, the National Baton Twirling Association, the Canadian National Baton Twirling Association and the Canadian Baton Twirling Federation.

The athletes will compete in three events- Solo, Two Baton and Freestyle. Upon conclusion, an All-Around Champion will be determined!! So, who will become the 2020 Congressional Cup Invitational Champion? Come cheer on your favorite athlete to victory and see some amazing performances at the 2020 Congressional Cup Invitational Show!

Finals Show

2:30 PM Sunday

Opening Presentation

The show begins with the presentation of the judges, the Women and Men Invitees, and other honorees. If you wished to be included in the prestigious opening ceremony and are a reigning (Advanced Only) National Champion, please email congresscup@aol.com and let us know you will be attending..

Finals of the Invitational

The top five women will compete for the coveted title of 2020 Congressional Cup Invitational Championship.

Performances

We are always honored to have great performers participating in the Finals Show. This year's performances will include...World & National Dance Twirl Team and Twirl Teams and other National and World Champion Performers.

This is a don't miss opportunity! This is always an entertaining show!!!! Come and watch the best twirlers on the North American continent compete in this prestigious competition. This will be a thrilling event for twirlers and spectators alike!!!

2020 Invitees...

Julia Arciola-FL
Emma Brock-MD
Mackenzie Bronk-MD
Maddie Bronk-MD
Cassidy Doherty-ON
Sarah Doherty-ON
Ally Duda-MD
Ella McDaniel-NH
Annalise Powell-OH
Morgan Proctor-NY
Alaina Rongione-MD
Mikayala Shueller-OH
Danielle Skinner-SK
Gabby Steed-MD
Julee Stewart-SK
Alexa Tamburlin-NY
Amanda Trujillo-FL
Megan Ward-ON
Sydney Ward-ON
Grace Wennerberg-OH



CONGRESSIONAL CUP CLINIC

Sunday, March 15th, 2020 9:00am-1:30pm Aux. Gym



Featured Clinician:
Laney Puhalla

Classes will be held for Beg, Intermediate, and Adv: Free Hand, Contact Material (Low Difficulty), Fingers, Rolls, Flats, Novelty Tricks, Two Baton, Strut and more...

No Private Lessons Available

Every year we are honored to have some of the best instructors in the world teach our Clinic! This year will be no exception! We will have World Champion Athletes, Elite Level Coaches and Feature Twirlers from around the US and Canada teaching our classes!!!

Don't Miss your opportunity to take classes with the Best of the Best!!!

If you are entered in team, which is scheduled at the same time as the clinic, you may still catch some of the classes by paying \$10.00 per class. There will be 5 classes and entries will be accepted that day.

Price: \$40.00 for the entire clinic or \$10.00 per class

All twirlers who have not already paid a facility fee will be charged a \$12.00 fee

CONGRESSIONAL CUP TEAM EVENTS

Sunday, March 15th, 2020 8:30am-12:30ish Main Gym

Congressional Cup is fortunate to be take place in the heart of elite team twirling! In addition, teams of all levels travel here, from all over North America, to compete this event is truly has become a mini-international championships.

The events that compete here are Beginner/Advanced Dance Twirl Team and Twirl Team. We follow NBTA rules and age divisions.

All teams are welcome!!!!



WFNBTA World Championship Showcase

Team USA & Team Canada



This years Congressional Cup Weekend is quickly followed by the 2020 WFNBT World Championships in Eindhoven, Netherlands! We love to honor and present those athletes among us who will be representing their country in International Competition! Make sure you check out this one of a kind World Championship Preview!!!

Support Congressional Cup

Buy an Ad in our Program

Show your support for your child, your teammates, favorite Invitee or your business!!!

Buy an Ad today!!!

1/4 page - \$25

1/2 page - \$50

Full Page \$100

Become a Patron

Regular Patron - \$10

Silver Patron - \$25

Gold Patron - \$50

Platinum Patron - \$100

T Shirts & Tanks

Congressional Cup T-Shirts - \$18.00 with Entry

\$22.00 Day of Contest

Congressional Cup Tank Top- \$20.00 with Entry

\$25.00 Day of Contest

Very limited supply day of contest

You can pay for Ads or become a Patron here, fill out the entry form
or Contact Us for more Information

<https://www.congressionalcupweekend.com/video>

Hotel & Directions

Comfort Inn and Suites

Congressional Cup's Headquarters Hotel

Address: 980 Hospitality Way, Aberdeen, Md 21001 Phone: 410-273-6300

The rates are \$ 89.00 a day for a King bed, \$99 a day for two full beds and \$109 for double suites. In order to get this price, reservations must be made by February 13th and you must mention that you are with the Congressional Cup Tournament.

LaQuinta Inn & Suites

Address: 2112B Emmorton Park Rd, Edgewood, MD 21040 Phone: (410) 676-6969

The Rate is \$89.00 a night. In order to get this price, reservations must be made by February 13th and you must mention that you are with the Congressional Cup Tournament.

Other hotels that are available are approximately 7.5 miles away from the Arena

Harford Community College Address:
401 Thomas Run Road Bel Air, MD 21015-1627
APG Federal Credit Union Arena

Directions to Harford Community College:

From South Of Campus (Baltimore/Washington)

Take Interstate 95-North to Exit 80 Churchville (Route 543).

Travel North toward Churchville for approximately 6 miles to the traffic light at the intersection of Route 543 and Route 22.

Turn right on Route 22 to the light at Thomas Run Road.

Turn left on Thomas Run Road.

The College campus is on the right.

From North of Campus (Elkton/Wilmington/New York)

Take Interstate 95 South to Exit 85 Aberdeen (Highway 22 West).

Travel Route 22 West to the light at Thomas Run Road.

Turn right onto Thomas Run Road.

The College campus is on the right.

Airport Information

Philadelphia Airport is 66 miles north of Bel Air

BWI is 42 miles south of Bel Air

General Information

1. Age Ruling- A contestant's age for the entire contest year will in every case be determined by actual age on September 1, 2019.
2. NBTA rules prevail except:
 - (1) A salute is not required.
 - (2) The time limit for Adv Solo is 1:44-2:30.
 - (3) Gymnastics only allowed in Rhythmic/Freestyle
3. NBTA Worlds Music will be used for Super X.
4. Judges decisions are final.
5. Contestants are responsible for reporting to their lanes on time.
6. Contest officials and the school are not responsible for loss of articles, accident or injury.
7. Only dance or tennis shoes are allowed on the gym floor.
8. No Changing tents on the Concourse Level
9. Awards are posted as soon as the scores are tabulated, except for Twirl Offs and All-Around events.
Beginner & Intermediate All-Round will be announced Saturday Evening
Advanced Twirl-Off Events will be announced on Sunday approximately 2:00pm
Advanced All-Round will be announced on Sunday approximately 2:00pm

*****CLERKING DISCOUNT*****

There will be a \$20 discount, per session (morning or afternoon/evening), on your child's entry fee for clerking. For those that have never clerked before, the judges will give a quick instruction seminar at 7:45am Saturday morning for the morning session and 12:30pm for the afternoon/evening session.

Early Deadline!!!

Entries must be postmarked no later than **Saturday, February 10th, 2020.** Checks must accompany entry form or \$20 extra per person will be charged. Phone entries with an additional \$20 per person charge will be accepted until **February 19, 2020.**

NO ENTRIES THE DAY OF THE CONTEST!!!!

Mail Entries to:

Congressional Cup
12857 Huntsman Way
Potomac, Md 20854

Phone Entries to: Kay Colen 301-340-8421 kaycolen@aol.com

Make Checks Payable to: Congressional Cup Tournament

Online Entry Now Available at:

www.congressionalcupweekend.com

TEAM ENTRY FORM

Group Name _____ Instructor _____

Address _____ City _____ State _____ Zip _____

Telephone _____ Email: _____ Website: _____

Category	Division	Ages	Size	# of members
<i>Dance Twirl, Twirl Team Poms</i>	<i>Beginner Advanced Elite</i>	Tiny Tot 0-5.99 Juvenile 6-8.99 Preteen 9-11.99 Junior 12-14.99 Senior 15 and up	Small 4-8 Large 9+	Members Per Team

Facility fee of \$12 per athlete for those who did not enter individual events on Saturday.

ENTRY FEE - \$5.00 per _____ members \$ _____

Congressional Cup Liability Waivers

EVERY ATHLETE MUST SIGN

I, the undersigned, intending to be legally bound, do hereby, for myself, my heirs, my personal representatives and assigns, waive, release and forever discharge any and all rights and claims which may exist or may hereafter exist against any corporations, partnerships or individuals associated with the Congressional Cup Inc. for any and all claims, injuries, or actions sustained, suffered or arising in connection with Congressional Cup.

Athlete Signature: _____ Date: _____

If Athlete is under the legal age of 18 please sign below.

Parent or Legal Guardian: _____ Date _____

2020 Congressional Cup Individual Entry Form

Name:			Birth date:		
Address:					
City:		State:		Zip Code:	
Telephone:				Email:	
Instructor:				Age (as of 9/1/19):	

Events	Baby	Novice	Beg.	Int.	Adv.	Elite	Total
Best Appearing	\$10.00	\$12.00	\$12.00		\$12.00		
Basic	\$10.00	\$12.00	\$12.00		\$12.00		
Super X (Open)		\$12.00	\$14.00	\$14.00	\$14.00	\$18.00	
Solo (Open)	\$10.00	\$12.00	\$14.00	\$14.00	\$14.00	\$18.00	
Solo (Instate) *		\$12.00	\$14.00	\$14.00	\$14.00		
Solo (Visitor)*		\$12.00	\$14.00	\$14.00	\$14.00		
Men's Solo					\$14.00	\$18.00	
Two Baton		\$12.00	\$14.00	\$14.00	\$14.00		
Three Baton					\$14.00		
Collegiate Solo					\$15.00		
Duet		\$5.00 ea	\$8.00 ea	\$8.00 ea	\$10.00ea		
	Duet Partners Name: _____						
All Round			\$40.00	\$40.00	\$45.00		
Men's All-Round \$45.00							
Total Entry Fee							
Facility Fee (\$30.00 per Family)							
Clinic \$40.00 (Please Circle One Nov, Beg, Int., or Adv)							
Sizes available CM, CL, AS, AM, AL, AXL, AXXL (add \$2.00)					T-Shirt (\$18.00) Size _____		
					Tank Top (\$20.00) Size _____		
Ads ¼ page \$25, ½ page \$50, Full Page \$100							
Patron Listing : Bronze \$10, Silver \$25, Gold \$50, Platinum \$100							
Clerking Discount:							
\$20 off for Morning \$20 off for Afternoon/Evening Please Subtract from Total							
Name of Clerk: _____							
Email of Clerk: _____							
Experience: Y/N							
Total Amount Enclosed							

***There is a limit of two solo events and two Super X events per contestant.**
 Therefore if you enter the Beg. or Int.. All-Around - that counts as one Solo.
 You may only enter one other Solo. It can be Open, Instate or Visitor.